



# Dr. Naveen Kumar. L .V

## (Naveen Lokikere)

*MBBS, MS Orth (India), FRCS Eng (Tr & Orth), MCh Hip & Knee (UK), MSc Orth (UK), Dip SICOT (Italy), FEBOT (Portugal), MRCGP (UK), (FSEM (UK)).*

WRIGHTINGTON	Gold Medalist
Dip SICOT	Topper
BIOS UK	Best Trainee
FEBOT	Distinction
FRCS	Distinction
MSc	Merit
MCh	Merit

### Main operative areas

- Knee arthroscopy
- Knee Ligament reconstruction
- Articular cartilage surgery & cell-based reconstructive procedures
- Shoulder arthroscopy & repair
- Primary hip & knee joint arthroplasty
- Revision hip & knee arthroplasty
- Trauma

**Registrations:** Karnataka Medical Council (KMC – India) - 51965  
General Medical Council (GMC – UK) – 6032305



**E-Mail:** [sportsorthopedics.in@Gmail.Com](mailto:sportsorthopedics.in@Gmail.Com)

### FELLOWSHIPS

**Sports Orthopaedics Fellowship** – Wrightington Hospital, UK

**Arthroplasty Fellowship** – Wrightington Hospital, UK

**SICOT German Travelling Fellowship** - Germany

**Travelling Fellowship** - HELIOS ENDO-Klinik, Hamburg, Germany

### CURRENT POSITION

**Faculty & Honorary Lecturer, EdgeHill University, UK**

**SICOT India – Committee Member – Sports Medicine**

**- Committee Member – Exams & Alumni**

### PROFESSIONAL SUMMARY

I am an Orthopaedic Surgeon with 17 years of experience in diverse fields of Shoulder & Knee Arthroscopy, Hip & Knee Arthroplasty and Trauma. I understand the needs of my patients and strive constantly to achieve the best results for them. I derive immense pleasure in serving my own people of Karnataka and offering them the best possible remedy at a reasonable cost.

### Main Research Areas

- Hip & Knee arthroplasty
- Revision Hip & Knee arthroplasty
- Pelvic Discontinuity
- Dysplastic hips
- Protrusio Acetabuli
- Megaprosthesis femur
- Hinged knee arthroplasty
- Hip arthroplasty in infective arthritis
- Impaction Bone Grafting
- Trauma

## QUALIFICATIONS

- **FRCS Tr & Orth** Royal College of Surgeons, England - Nov 2017
- **FEBOT** European Board of Orthopaedics & Trauma, Lisbon, Portugal - Oct 2017
- **MCh Hip & Knee** Edgehill University, UK - July 2017
- **FSEM – Part 1** UK - Oct 2017
- **Diploma SICOT** Société Internationale de Chirurgie Orthopédique et de Traumatologie, Rome- Sep 2016
- **MSc Trauma & Orth** Salford University, UK - June 2016
- **MRCGP** RCGP, UK - Oct 2008
- **MS Orthopaedics** MAHE University, Manipal - Jul 2004.
- **MBBS** B.L.D.E.A's medical college, Bijapur - Mar 1999

## AWARDS & DISTINCTIONS

- **Best Presentation Award** - British Indian Orthopaedic Society (BIOS) Conference, Cumbria, UK - July 2017
- **Wrightington Gold Medal**, UK - May 2017
- **Prestigious German Fellowship award** - Diploma SICOT, Italy - Sep 2016
- **Best Research Fellow presentation award** - Wrightington Gold Medal Research day, UK - June 2016
- **2<sup>nd</sup> Price** - State level Post-Graduate Orthopaedic Quiz, Mysore, India - Jul 2003
- **Honours** – Ophthalmology, BLDEA's Medical College, Bijapur, India - Dec 1996
  
- **Sir John Charnley Award** – Best Adult Pathology paper, NWOA, Manchester, UK – Co-author - Dec 2017
- **Best Poster award** (Selected for) – BIOS Conference, UK – Co-author - July 2017
- **Gold medal** - Wrightington Gold Medal Research day, UK – Co-author - June 2016
  
- **Distinction (90%)** – FEBOT, Lisbon, Portugal – Oct 2017
- **Merit** – MCh, Edgehill University, UK – August 2017
- **Distinction (77.5%)** - FRCS Orth Part 1, UK – Nov 2016
- **Topper** – Dip SICOT, Italy – Sep 2016
- **Merit** – MSc, Salford University, UK – June 2016
- **Distinction, 3<sup>rd</sup> Rank** - MBBS, 1<sup>st</sup> Phase - Karnatak University, India - Dec 1994
- **Distinction, 64<sup>th</sup> Rank** – State level - SSLC Exams - Karnataka State, India - Apr 1991

## ADDITIONAL CREDENTIALS

- Certified **Advanced Trauma Life Support (ATLS®)** Provider accredited by the American College of Surgeons.
- Certified **Advanced Life Support (ALS)** Provider accredited by the Resuscitation Council (United Kingdom)

## PREVIOUS CLINICAL EXPERIENCE

I have been fortunate to have a rich and diverse experience of working in several esteemed institutions across UK, Germany & India in various fields including Trauma and Orthopaedics, Accident & emergency, Community Orthopaedics. In addition, involvement in medical administration at several NHS organizations has enhanced my expertise.

Hospital / Practice	Specialty	Grade	Consultants	From	To	Duration (years)
Wrightington Hospital (UK)	Sports Orthopaedics (Knee & Shoulder)	Fellow	Mr Sales Mr Swamy Mr Gilbert	Feb 2017	Feb 2018	1
Wrightington Hospital (UK)	Hip & Knee Arthroplasty	Fellow	Prof Kay Mr. Nagai	Feb 2016	Aug 2016	0.5
Royal Albert Edward Infirmary, Wigan (UK)	Trauma & Orth Pelvic trauma	Registrar	Mr. Gilbert Mr. Davenport Mr. Shah	Feb 2015	Feb 2017	1.5
Shanaveen Ltd Lower Ince Surgery, Wigan (UK)	Office Orthopaedics & Medicine	Director	-	Feb 2009	Jan 2015	6
St Isan Road Surgery, Cardiff (Wales)	Office Orthopaedics & Medicine	Registrar	Dr. Smith	Feb 2008	Jan 2009	1
University Hospital of Wales, Cardiff	Ortho-geriatrics	SHO	Dr. Johansen	Feb 2007	Jan 2008	1
Withybush Hospital Haverfordwest (Wales)	Accident & Emergency	SHO	Major Ahmed	Feb 2006	Jan 2007	1
Withybush Hospital Haverfordwest (Wales)	Orthopaedics	SHO	Mr. Phillips	Feb 2005	Jan 2006	1
KMC Hospitals, Mangalore, BIRRD Hospital, Tirupathi	Orthopaedics Paediatric-Orthopaedics	Registrar	Dr. Sudhakar Shetty	Jun 2001	Jul 2004	3

## DISSERTATIONS

- **Edgehill University, UK** – “Primary Total Hip Replacement following infective arthritis” – Aug 2017.  
(Awarded MCh Hip & Knee)
- **Salford University, UK** – “Results of C Stem Asian hip arthroplasty in abnormal femora” – Jun 2016.  
(Awarded MSc T & O)
- **MAHE University, INDIA** - “The comprehensive study of segmental fractures of long bones” –Jun 2004.  
(Awarded MS Orth)

## FACULTY & GUEST LECTURES

- **Faculty – MCh / FRCS Preparation Course, Wrightington Hospital, UK** – Jan 2018
- **Faculty - FRCS Viva Course, Orthopaedic Network, Sheffield, UK** – Jan 2018
- **Klinikum Rechts Der Isar, Munich, Germany** - Pelvic Discontinuity– Aug 2017
- **König - Ludwig - Haus, Würzburg, Germany** – Peri-prosthetic fracture management – Aug 2017

## PROFESSIONAL VISITS

- **Link implants Factory (Waldemar Link GmbH & Co), Hamburg, Germany** – Jan 2018
- **Medartis Centre, Basel, Switzerland** – Mar 2017
- **DePuy Synthes, Leeds, UK** – Oct 2017

## CONFERENCES

- **Symbios Custom Hip user group meeting, Cardiff** – Jan 2018
- **WIROC – 52<sup>nd</sup> annual conference – Bombay Orthopaedic Society, India** – Dec 2017
- **British Indian Orthopaedic Society, Carlisle, UK** – July 2017
- **EFORT Annual Congress, Vienna, Austria** - June 2017
- **BHS - British Hip Society, London, UK** - Mar 2017
- **SICOT Orthopaedic World Congress, Rome, Italy** – Sep 2016
- **IOS UK Conference, Leicester, UK** – July 2016
- **IOS UK Conference, Liverpool, UK** – July 2015
- **IOACON – Indian Orthopaedic Association Conference** – Dec 2003
- **KOACON – Karnataka Orthopaedic Association Conference, India** – Feb 2003
- **KOACON – Kerala Orthopaedic Association Conference, India** – Jan 2003

## PODIUM PRESENTATIONS

- **European Congress of Radiology, Vienna, Austria** – “Trauma CT scans with pelvic compression devices in-situ: Helpful or Hindrance?” – March 2018.
- **North West Orthopaedic Association (NWOA) Research Day, Manchester, UK** – Management of pelvic discontinuity in Revision Arthroplasty – Dec 2017.
- **North West Orthopaedic Association (NWOA) Research Day, Manchester, UK** – Long term Outcomes of Total Hip Arthroplasty for failed femoral neck fracture osteosynthesis – Dec 2017.
- **British Indian Orthopaedic Society Conference, Cumbria, UK** – “Total Hip Arthroplasty for Failed Osteosynthesis post Neck of Femur Fracture” – July 2017.
- **EFORT 18<sup>th</sup> Annual Congress, Vienna, Austria** - “Outcomes of Total Hip Arthroplasty following Infectious Arthritis” – June 2017
- **Wrightington Gold Medal Research Day, Wrightington, UK** - “Management of Pelvic Discontinuity in Revision Arthroplasty” – May 2017.
- **Wrightington Gold Medal Research Day, Wrightington, UK** – “Total Hip Arthroplasty for Failed Osteosynthesis post Neck of Femur Fracture” – May 2017.
- **British Hip Society, London, UK** - “Primary Total Hip Replacement Following Infective Arthritis (Up to 41 Year Follow Up)” – Mar 2017.
- **Grand Round Presentation, Royal Albert Edward Infirmary, Wigan, UK** – “A case of non-traumatic compartment syndrome” – Dec 2016.
- **SICOT Orthopaedic World Congress, Rome, Italy** - “Missed Pelvic Fractures due to CT Scan in Pelvic Binders” – Sep 2016.
- **IOS UK Conference, Leicester, UK** – “Outcomes of the Distal femoral replacement for salvage Knee revisions” –July 2016.
- **IOS UK Conference, Leicester, UK** – “Outcomes of conservative management of primary patellar dislocation” –July 2016.
- **Wrightington Gold Medal Research Day, Wrightington, UK** - “Total Hip Arthroplasty for Infectious Arthritis” – June 2016.
- **Wrightington Gold Medal Research Day, Wrightington, UK** – “Short term outcomes of Hinged Knee Arthroplasty for complex revisions” –June 2016.
- **IOS UK Conference, Liverpool, UK** - "Outcomes of C stem Asian hip replacement" - July 2015.

### As Co-author:

- **SICOT Orthopaedic World Congress, Cape Town, South Africa** – “Long term outcome of knee arthroplasty in patients upto 40 years of age” – Dec 2018
- **SICOT Orthopaedic World Congress, Cape Town, South Africa** – “Proximal Femoral Replacement – A solution for profound femoral bone loss?” – Dec 2018.

- **North West Orthopaedic Association (NWOA) Research Day, Manchester, UK** – Impaction Bone Grafting of Femur in Revision Hip Arthroplasty. Does length of stem matter? - Dec 2017.
- **British Indian Orthopaedic Society Conference, Cumbria, UK** – – “Alpha-Defensin test in Prosthetic Hip and Knee Infection” – July 2017.
- **EFORT 18<sup>th</sup> Annual Congress, Vienna, Austria** - “Impaction Bone Grafting Of Femur In Revision Hip Arthroplasty” – June 2017
- **Wrightington Gold Medal Research Day, Wrightington, UK** – “Primary Knee Arthroplasty in Patients 40 years of age and younger” - May 2017.
- **Wrightington Gold Medal Research Day, Wrightington, UK** – “Alpha-Defensin test in Prosthetic Hip and Knee Infection” - May 2017.
- **Wrightington Gold Medal Research Day, Wrightington, UK** – “Outcomes of Dynamic Hip Screw Vs Multiple Cancellous Screws for Intra-capsular Fracture Neck of Femur in Young Patients” - May 2017.
- **Wrightington Gold Medal Research Day, Wrightington, UK** – “Proximal Femoral Replacement – A Viable Solution for Profound Femoral Bone Loss?” - May 2017.
- **SICOT Orthopaedic World Congress, Rome, Italy** - “Femoral Impaction Bone Grafting in Revision Hip Arthroplasty: 5-19 years follow-up” – Sep 2016.
- **British Hip Society- Societa Italiana Dell'anca, Milan, Italy** - "Metallic Augments with Cemented Sockets and Impaction Bone grafting in Acetabular Reconstruction" – Nov 2015.

## POSTER PRESENTATIONS

- **European Congress of Radiology, Vienna, Austria** – “Trauma CT scans with pelvic compression devices in-situ: Helpful or Hindrance?” – March 2018.
- **British Indian Orthopaedic Society Conference, Cumbria, UK** “Management of Pelvic Discontinuity in Revision Arthroplasty” – July 2017.
- **British Indian Orthopaedic Society Conference, Cumbria, UK** – “Primary Knee Arthroplasty in Patients 40 years of age and younger” – (Co-author) - July 2017.
- **Wrightington Gold Medal Research Day, Wrightington, UK** – MRI Spine – How appropriate is our urgent referrals? – Co-author - May 2017.
- **Wrightington Gold Medal Research Day, Wrightington, UK** – Perioperative Anticoagulation Bridging Therapy for Elective Hip/Knee Joint Arthroplasty – May 2017.
- **British Hip Society, London, UK** – “Outcomes of Asian C-stem Primary Total Hip Arthroplasty in Femora with Abnormal Anatomy” - Mar 2017.
- **Wrightington Gold Medal Research Day, Wrightington, UK** - “Missed Pelvic Fractures due to CT Scan in Pelvic Binders” – June 2016.

## COURSES

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➤ Avon Patello-femoral Arthroplasty Surgical Technique	Wrightington, UK – Feb 2018
➤ Symbios Custom Hip-plan	Cardiff, Wales – Jan 2018
➤ Peri-prosthetic Infection Therapy	ENDO-Klinik, Hamburg, Germany – Jan 2018
➤ MP Reconstruction Prosthesis – Hip	ENDO-Klinik, Hamburg, Germany – Jan 2018
➤ SP-CL Cementless Hip System	ENDO-Klinik, Hamburg, Germany – Jan 2018
➤ Impaction Bone Grafting Workshop	Wrightington, UK – Sep 2017
➤ FRCS Orth preparation course	Newcastle, UK – Jan 2017
➤ Complex Primary & Hip Revision course	Stanmore, UK – Nov 2016
➤ Primary through to Revision TKR course	York, UK - June 2016
➤ Wrightington Hip, Knee and Ankle Arthroplasty Updates	Wrightington, UK – May 2016
➤ Fractures of Pelvis and Acetabulum management course	Leeds, April 2016
➤ AO Trauma Course	Bengaluru, India - Feb 2016
➤ Flat Foot Reconstruction seminar	Wrightington, UK - Nov 2015
➤ Advanced Trauma Life Support ( <i>ATLS</i> ) course	Wakefield, UK - Sep 2015
➤ Zimmer Hip Arthroplasty workshop	Whiston, UK - Oct 2015
➤ DePuy Knee Implant workshop	Wrightington, UK - Aug 2015
➤ Stryker Hoffman External Fixator course	Wrightington, UK - Jun 2015
➤ Cemented Hip Arthroplasty course	Wrightington, UK - Mar 2015
➤ Core Skills in Orthopaedic Surgery	Edinburgh, Scotland - Apr 2015
➤ Advanced Life Support ( <i>ALS</i> ) course	Resus Council, UK - Dec 2014
➤ Mastering your risk workshop	Medical Protection Society, Manchester - Oct 2012
➤ Basic surgical skills ( <i>BSS</i> ) course	King's College Hospital, London - May 2005

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## CONTINUED MEDICAL EDUCATION (CMEs)

- Clinical Negligence – Medical & Legal Issues – Wrightington, UK – May 2016
- Non-union Bone stimulation – Exogen Seminar - Wrightington, UK – Oct 2015
- 22<sup>nd</sup> Mangalore Orthopaedic Course – Karnataka Orthopaedic Association, India – Apr 2004
- Paediatric Rheumatology – Kasturba Medical College, Mangalore, India – Mar 2004
- Orthopaedics - Kasturba Medical College, Manipal, India – Nov 2003
- CME – Karnataka Orthopaedic Association, India – Jan 2003
- SCORE – 2002 – Sri Ramachandra Medical College, Chennai, India – Nov 2002
- Hand injuries – Kerala Orthopaedic Association, India – Sep 2002



## PUBLICATIONS

- **N. Lokikere**, A. Saraogi, U. Sonar, M. Porter, P. Kay, H. Wynn-Jones, N. Shah. Outcomes of distal femoral replacement for complex knee revisions with bone loss. Bone Joint J Jul 2016, 98-B (SUPP 14) 7.
- **N. Lokikere**, C. Jakaraddi, H. Wynn-Jones, N. Shah. Results of Asian C-stem in femora with abnormal anatomy. Bone Joint J Jun 2016, 98-B (SUPP 13) 3.
- U. Sonar, **N. Lokikere**, A. Kumar, B. Coupe, R. Gilbert. Outcomes of conservative management of primary patellar dislocation. Bone Joint J Jul 2016, 98-B (SUPP 14) 5.
- A. Saraogi, **N. Lokikere**, P. Siney, H. Nagai, B. Purbach, V. Raut, P. Kay. Femoral impaction bone grafting in revision hip arthroplasty: five- to 19-year follow-up. Bone Joint J Jul 2016, 98-B (SUPP 14) 10.
- A Saraogi, **N Lokikere**, V Raut. "Greater Trochanteric Pain Syndrome- A Review Article". EC Orthopaedics 4.1 (2016): 429-434.
- **N. Lokikere**, "Type II SLAP Tear of Shoulder - management options" - Critical review of the literature - Salford University, UK - Nov 2014.
- **N. Lokikere**, "Choice of the implant for Total hip replacement in a young patient with Diabetes mellitus" - Critical review of the literature - Salford University - Jan 2014.

## AFFILIATIONS

- **SICOT** - Member ID: 26771 (Lokikere)
- **BIOS** – (British Indian Orthopaedic Society) - Membership Number: 2017/05/1012

## EXECUTIVE & MANAGEMENT EXPERIENCE

- SICOT India – Steering Committee Member – Sports Medicine – 2018 -19.
- SICOT India – Steering Committee Member – Exams & Alumni – 2018 -19.
- Spearheaded development of Orthopaedic pathways at Wigan Borough Care commissioning group (CCG), UK - 2014-15.
- Orthopaedic Lead for ULC group of Surgeries at Wigan, UK - 2010 - 2015
- Information Technology Lead and Prescribing lead for Wigan CCG, UK - 2012-2015.
- Chief PG coordinator - South Indian CME in Orthopaedics at Mangalore -2003 & 2004.
- Cultural Secretary of B.L.D.E.A Medical College, Bijapur during my MBBS training – Event management - intercollegiate level - 1997-98.

## HOBBIES & INTERESTS

- Chess – Winner – BLDEA's Medical College Championship – 1998
- Ju-jitsu – Ishin Ryu – Yellow Belt – 2013-14.
- Active participation in cultural activities, chess, music, swimming, martial arts, cricket, trekking and quiz.



## PERSONAL STATEMENT

“I am the son of a primary school teacher. My wife is an Orthodontist. We have 2 handsome boys aged 13 and 10. Travelling around the globe has enhanced and enriched my life experiences. I am an avid reader and an eloquent orator. My background has given me a great opportunity to have first-hand experience of different facets of the life and world!”